Te Kāhui Hauora

Te Whakamahere Hauora o Te Tauihu

Community Health Plan

CONTENTS

Ngā Aronga mō Tō Mātou Rohe

Priorities for our rohe

Te Kāhui Hauora o Te Tauihu is the Iwi-Māori Partnership Board (IMPB) for Te Tauihu. We were established to work alongside the health system and ensure that the experiences and aspirations of whānau across Te Tauihu are heard, valued, and embedded into decision-making.

The following priorities highlight the key areas of wellbeing that will command our focus from 2025. Each priority either represents a major health disparity in our community or its potential to significantly improve a disparity.

All seven priorities were informed by confirmed following extensive talks with whānau and key stakeholders, including hauora Māori providers, iwi and mātā waka leaders and other hapori Māori, and informed by comprehensive health data.

Priority areas

CLINICAL

Access to high quality care and experiences

IMPACT

Care is easy to access, affordable, timely and culturally safe in Te Tauihu. Whānau are enrolled and engaged with primary care, receive coordinated care across settings, and report high trust and excellent experiences.

FIRST ACTION

Increase enrolment of Māori in services and programmes that support their wellbeing.

FOCUS

- Increase PHO enrolment for Māori
- Ensure timely and complete Well Child Tamariki Ora (WCTO) checks and immunisations
- Strengthen whānau-centred maternity and early years care for māmā and pēpi
- Embed whānau voice and cultural safety standards in service design

CLINICAL

Cancer services

IMPACT

Māori in Te Tauihu are protected by prevention and early detection, receive timely and effective treatment close to home, experience whānau-centred and culturally safe cancer care, and achieve equitable survival.

FIRST ACTION

Increase Māori participation in cancer screening programmes.

FOCUS

- Increase participation in bowel, cervical and breast cancer screening among Māori
- Ensure rapid pathways from referral to treatment
- Ensure supports are available to guide whānau Māori through their cancer care journey
- Support culturally safe palliative care journeys
- Embed whānau-centred care in treatment planning

CLINICAL

Workforce development and capability

IMPACT

A culturally safe, skilled workforce reflects our communities. Māori kaimahi are supported to use tikanga and te reo Māori in their practise.

FIRST ACTION

Grow and develop the Māori health workforce in Te Tauihu.

FOCUS

- Grow Māori representation across roles and leadership
- Embed mandatory cultural safety and Te Tiriti training
- Strengthen pipelines into hauora roles for Māori living in Te Tauihu
- Invest in whānau-centred and multidisciplinary care teams and services in Te Tauihu

Priority areas

CLINICAL

Mental health and wellbeing

IMPACT

Whānau Māori experience strong oranga hinengaro through early support, equitable access to effective kaupapa Māori and mainstream services, timely specialist care when needed, and culturally safe experiences that build trust and resilience across the life course.

FIRST ACTION

Expand kaupapa Māori mental health and addiction services for rangatahi in Te Tauihu.

FOCUS

- Expand kaupapa Māori mental health and addiction services
- Strengthen early intervention for rangatahi through primary care and school-based supports
- Ensure access to timely specialist services for Māori
- Rangatahi and tane receive the right support early, reducing crises

COMMUNITY

Cultural connection

IMPACT

Whānau are connected to te ao Māori, with services, kaimahi and spaces that uphold our values, tikanga and language.

FIRST ACTION

Support the expansion and development of kaupapa Māori services, including rongoā, across Te Tauihu.

FOCUS

- Increase iwi enrolment amongst whānau living in Te Tauihu
- Embed the use of te reo Māori in health services, campaigns and across the health workforce
- Support Māori to connect with local marae, cultural events and kura
- Support more marae-based hauora services

COMMUNITY

Health literacy

IMPACT

Whānau understand their conditions, rights and options, feel confident navigating services, and are supported by practitioners and providers who communicate clearly and respectfully.

FIRST ACTION

Support practitioners and providers to better engage whānau Māori.

FOCUS

- Support whānau decision-making through shared care planning
- Strengthen whānau-centred communication training for providers
- Support specialist services to engage whānau Māori well
- Increase outreach and kaupapa Māori vaccination programmes
- Support long-term condition management in primary care

COMMUNITY

Rongoā services

IMPACT

Whānau can easily find and access high-quality Rongoā Māori in every community, with sustained investment and recognised practitioners.

FIRST ACTION

Invest in Rongoā Māori practitioners and services.

FOCUS

- Invest in rongoā Māori practitioners and services
- Build pathways for whānau to access rongoā alongside mainstream care
- Recognise rongoā as a valued and legitimate service in Te Tauihu

Monitoring framework

What we track and when

CLINICAL

Access to high quality care and experiences

ANNUAL MEASURES

Māori life expectancy in Te Tauihu.

Potentially Avoidable Mortality rate for Māori by top ten causes in Te Tauihu.

QUARTERLY MEASURES

Newborns enrolled with a Primary Health Organisation (PHO) by three months old.

PHO enrolment rates for Māori.

Eligible Māori tamariki enrolled with WCTO.

Enrolment with Lead Maternity Carer in the first trimester of pregnancy.

Children aged 0-4 years enrolled with the community oral health service.

QUALITATIVE MEASURES

Whānau report good experiences of care for the Primary and Secondary Care surveys.

CLINICAL

Cancer services

ANNUAL MEASURES

Cancer survival rates for Māori by cancer type in Te Tauihu.

New cancer diagnoses by type and ethnicity in Te Tauihu.

QUARTERLY MEASURES

Māori rates in cancer screening programmes:

- Breast
- Bowel
- Cervical

Māori to receive cancer management within 31 days of the decision to treat.

QUALITATIVE MEASURES

Whānau experiences of cancer care journey in Te Tauihu.

CLINICAL

Workforce development and capability

ANNUAL MEASURES

Māori in the health workforce in specific health workforce roles including:

- Nursing
- Medical
- Allied health
- Midwifery
- Commissioning

QUARTERLY MEASURES

Training programmes available and attended to improve cultural safety for Māori.

QUALITATIVE MEASURES

Māori kaimahi report they are safe and supported to practise tikanga in their role.

Monitoring framework

What we track and when

CLINICAL

Mental health and wellbeing

ANNUAL MEASURES

Mental health and addiction diagnoses in Te Tauihu by ethnicity, age and gender.

Suicide rates for Māori in Te Tauihu by age group and gender.

Availability of rangatahi Māori services across Te Tauihu.

QUARTERLY MEASURES

Rangatahi seen by mental health services within three weeks of referral.

Hospitalisations for mental and substance use disorders for rangatahi in Te Tauihu.

Rangatahi participation in the Access and Choice programme.

QUALITATIVE MEASURES

Rangatahi report that services are youth-friendly, accessible and helpful.

Rangatahi report their health and wellbeing in Te Tauihu is excellent/good.

COMMUNITY

Cultural connection

ANNUAL MEASURES

Funding available for kaupapa Māori services in Te Tauihu.

Māori-focused roles and services in mainstream settings available in Te Tauihu.

Proportion of kaimahi in Te Tauihu who report they are fluent in te reo Māori.

QUARTERLY MEASURES

Number of whānau accessing kaupapa Māori services available in Te Tauihu.

QUALITATIVE MEASURES

Whānau reporting a strong connection to their marae/iwi/hapu.

Whānau reporting they have attended or participated in a cultural event in their community.

COMMUNITY

Health literacy

ANNUAL MEASURES

Proportion of Māori reporting confidence in understanding their health information in Te Tauihu.

ASH rates for Māori, by condition and by age, in Te Tauihu.

QUARTERLY MEASURES

Proportion of Māori tamariki fully immunised at all milestone ages.

Māori tamariki attending community oral health services at age 5 or in Year 8.

CVD risk assessments completed on time for eligible Māori.

QUALITATIVE MEASURES

Whānau rating of their health literacy and involvement in care.

COMMUNITY

Rongoā services

ANNUAL MEASURES

Number of rongoā practitioners and providers available in Te Tauihu.

Total amount of funding for rongoā services in Te Tauihu.

QUARTERLY MEASURES

Number of whānau accessing rongoā services.

QUALITATIVE MEASURES

Whānau report it is easy to access rongoā services in Te Tauihu.

Our measures and data sources

Annual

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
CLINICAL **Access to high quality care and experiences**	Māori life expectancy in Te Tauihu. **Current data: 81.8 years for Māori vs 83.4 years for non-Māori/-Pacific (2018 - 2022).**	Aim is to decrease life expectancy gap between Māori and non-Māori/-Pacific.	Nelson Marlborough Māori Health Profile 2015 (pp. Mortality) otago.ac.nz/__data/assets/pdf_file/0012/230124/pdf-152511.pdf Stats NZ subnational period life tables 2022–24 stats.govt.nz/news/maori-have-highest-increases-in-life-expectancy/	HNZ
	Potentially Avoidable Mortality rate for Māori by top ten causes in Te Tauihu. **Top causes include ischaemic heart disease, lung cancer, stroke/accidents.** **Māori PAM ~74% higher than non-Māori in Nelson Marlborough (2007–2011).** **'Top 10 by rate' not publicly broken out for Te Tauihu; custom extract likely required.**	Aim is to understand leading causes of potentially avoidable mortality for Māori to guide local action and investment.	Nelson Marlborough Māori Health Profile 2015 otago.ac.nz/__data/assets/pdf_file/0012/230124/pdf-152511.pdf	HNZ

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
CLINICAL **Cancer services**	Cancer survival rates for Māori by cancer type in Te Tauihu. **Localised survival by ethnicity and cancer type is not published openly for Te Tauihu. National studies show Māori have poorer survival for 23 of 24 most common cancers; local survival requires a Te Whatu Ora/Te Aho o Te Kahu extract.**	Maintain a view of leading cancers amongst Māori and cancers where significant equity gaps persist. This will help guide our input into cancer service improvement programmes and solutions for Māori in Te Tauihu.	Health New Zealand – cancer services. tewhatuora.shinyapps.io/cancer-web-tool/ *Reported annually.*	HNZ
	New cancer diagnoses by type and ethnicity in Te Tauihu. **Historic Nelson Marlborough Māori Health Profile lists most common cancers for Māori (breast, lung, colorectal). Current Te Tauihu incidence by type and ethnicity requires Te Aho o Te Kahu customised data.**			

Our measures and data sources

Annual

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
CLINICAL **Mental health and wellbeing**	Mental health and addiction diagnoses in Te Tauihu by ethnicity, age and gender.	Proportion of child population (aged 2-14) with mental health conditions (caregiver-reported), pooled data over time. Proportion of population (aged 15+) with mental health conditions (self-reported), pooled data over time.	New Zealand Health Survey, regional results. *Reported annually.*	HNZ
	Suicide rates for Māori in Te Tauihu by age group and gender.	Understand suicide rates amongst Māori in Te Tauihu and target resources at communities and groups where major inequities exist.	Health New Zealand tewhatuora.shinyapps.io/suicide-web-tool/ *Reported annually.*	HNZ
	Availability of rangatahi Māori services across Te Tauihu.	Services funded by Health New Zealand for youth mental health in Te Tauihu.	Health New Zealand – mental health commissioners. *Reported annually.*	HNZ

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
CLINICAL **Workforce development and capability**	Māori in the health workforce in specific health workforce roles including: • Nursing • Medical • Allied health • Midwifery	The aim would be to set a baseline and look to increase total workforce numbers in priority workforces through targeted recruitment and development action.	Health New Zealand workforce data to start. Wider sector data from primary care, mental health and community care providers.	HNZ

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
COMMUNITY **Cultural connection**	Funding available for kaupapa Māori services in Te Tauihu.	No target set. Aim is to increase from baseline over time.	Health New Zealand commissioners.	HNZ
	Māori focused roles and services in mainstream settings available in Te Tau Ihu.	No target set. Aim is to increase from baseline over time.	Health New Zealand commissioners.	HNZ
	Proportion of kaimahi in Te Tauihu who report they are fluent in te reo Māori.	No target set. Aim is to increase from baseline over time.	Kaimahi/workforce survey.	IMPB

Our measures and data sources

Annual

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
COMMUNITY **Health literacy**	Proportion of Māori reporting confidence understanding their health information in Te Tauihu.	No target set. Aim is to increase from baseline over time.	Whānau survey.	IMPB
	ASH rates for Māori, by condition and by age, in Te Tauihu.	Ambulatory sensitive hospitalisations for children (age range 0-4). Ambulatory sensitive hospitalisations for adults (age range 45-64).	Health New Zealand *Reported annually.*	HNZ

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
COMMUNITY **Rongoā services**	Number of ronogā practitioners and providers available in Te Tauihu.	No target set. Aim is to increase from baseline over time.	Health New Zealand and ACC funded service providers in Te Tauihu. *Reported quarterly.*	HNZ and ACC
	Total amount of funding for rongoā services in Te Tauihu.	No target set. Aim is to increase from baseline over time.	Health New Zealand and ACC to provide funding total for rongoā services in Te Tauihu.	HNZ and ACC

Our measures and data sources

Quarterly Measures

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
CLINICAL **Access to high quality care and experiences**	Newborns enrolled with a Primary Health Organisation (PHO) by three months old. **Nelson Marlborough: 61% of Māori babies enrolled with a PHO by 3 months (late 2013). National analyses show lower early PHO enrolment for Māori infants.**	Percentage of Māori newborns enrolled with a PHO by 3 months. No target currently, but the aim would be to set a baseline and increase percentage of newborn enrolments for Māori over time.	Nelson Marlborough Māori Health Profile 2015 otago.ac.nz/__data/assets/pdf_file/0012/230124/pdf-152511.pdf Health NZ/academics s3.ap-southeast-2.amazonaws.com/nzdoctor.files/production/public/2023-04/Descriptive_analyses-Primary_Health_Organisation_enrolments_of_newborns.pdf	HNZ and PHO
	PHO enrolment rates for Māori. **Latest Te Tauihu–specific % not published in open sources. Nationally, ~6% of the population were not enrolled in 2019 with persistent ethnic gaps; Māori adults have lower enrolment/continuity than non Māori. Local % requires a Te Whatu Ora extract.**	95% of all Māori enrolled.	Nelson Marlborough Māori Health Profile 2015 otago.ac.nz/__data/assets/pdf_file/0012/230124/pdf-152511.pdf Health NZ/academics s3.ap-southeast-2.amazonaws.com/nzdoctor.files/production/public/2023-04/Descriptive_analyses-Primary_Health_Organisation_enrolments_of_newborns.pdf	HNZ and PHO
	Eligible Māori tamariki enrolled with Well Child/Tamariki Ora (WCTO). **Nelson Marlborough: 61% of Māori babies enrolled with a PHO by 3 months (late 2013). National analyses show lower early PHO enrolment for Māori infants.**	Percentage of eligible Māori pēpi enrolled with WCTO. No target set but the aim would be to increase enrolment and coverage for Māori.	Te Whatu Ora data services note (custom data extracts) health.govt.nz/system/files/2022-11/health-and-independence-report-2021-supplementary-data-tables.xlsx	HNZ
	Enrolment with Lead Maternity Carer (LMC) in first trimester of pregnancy. **Nelson Marlborough reported 89% of women booked in first trimester (early LMC registration).** **Ethnic breakdown not shown in that cite.**	Percentage of pregnant whānau enrolled with an LMC in the first trimester of pregnancy. No target for this, but the aim would be to set a baseline for 2025 and increase this over the next five years.	Health New Zealand – maternity. tewhatuora.shinyapps.io/report-on-maternity-web-tool/ HQSC/PMMRC update quoting NMDHB early registration hqsc.govt.nz/assets/Our-work/Mortality-review-committee/PMMRC/Publications-resources/13thPMMRCUpdateOnPreviousNeonatalMortalityRecommendations.pdf Methodology hqsc.govt.nz/assets/Our-data/Publications-resources/Methodology-maternity-Nov-2020.pdf	HNZ

Our measures and data sources

Quarterly Measures

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
CLINICAL **Access to high quality care and experiences**	Children aged 0–4 years enrolled with the community oral health service. **Service exists locally; enrolment proportion by ethnicity not openly published for Te Tauihu.** **Nationally (2018–22), COHS coverage was ~49% for Māori/Pacific 5 year olds and ~63% at Year 8 vs higher for non Māori non Pacific.**	Percentage of Māori tamariki aged 0–4 years enrolled with the community oral health service in Te Tauihu. No target for this, but the aim is to establish a baseline and increase enrolment over time.	HNZ Nelson Marlborough COHS page info.health.nz/locations/nelson-marlborough/childrens-oral-health University of Otago 'Oral health of children and young people in Aotearoa 2023' ourarchive.otago.ac.nz/view/pdfCoverPage?download=true&filePid=13413838760001891&instCode=64OTAGO_INST	HNZ

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
CLINICAL **Cancer services**	Māori rates in cancer screening programmes: • Breast • Bowel • Cervical **Breast: Nelson Marlborough Māori coverage ~75% (2018–19). Cervical: Māori coverage nationally ~56% (Aug 2023). Bowel: National equity gaps persist; local Māori coverage requires district extract.**	70% of eligible wahine receive two-yearly breast screen. 60% of eligible Māori invited return a completed FIT kit. 75% of eligible wahine complete a cervical smear.	Health New Zealand tewhatuora.shinyapps.io/nsu-bsa-coverage/ tewhatuora.shinyapps.io/nphs-nbsp/ tewhatuora.shinyapps.io/nsu-ncsp-coverage/ *Reported quarterly.*	HNZ
	Māori to receive cancer management within 31 days of the decision to treat. **Reported nationally as Faster Cancer Treatment (FCT) indicator. Te Tauihu Māori breakdown is not published openly; local % available via Te Whatu Ora regional FCT dashboard.**	90% of Māori receive cancer management within 31 days of the decision to treat.	*Reported quarterly.* National Health Target.	HNZ

Our measures and data sources

Quarterly Measures

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
CLINICAL **Mental health and wellbeing**	Rangatahi seen by mental health services within three weeks of referral.	80% of rangatahi access specialist Mental Health and Addictions services are seen within 3 weeks.	Health New Zealand reports.hqsc.govt.nz/HSI/_w_a25b3bf0/#!/summary *Reported quarterly.*	HNZ
	Hospitalisations for mental and substance use disorders for rangatahi in Te Tauihu.	Mental health and addictions hospitalisations by primary diagnosis (by Māori vs non-Māori).	Health New Zealand - Source: Ministry of Health QLIK MHA *Reported quarterly.*	HNZ
	Rangatahi participation in the Access and Choice programme.	Total number and proportion of rangatahi Māori accessing the Access and Choice programme in Te Tauihu.	Health New Zealand – Mental Health commissioners and local service managers. *Reported quarterly.*	HNZ

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
CLINICAL **Workforce development and capability**	Training programmes available and attended to improve cultural safety for Māori.	The aim in this section would be to increase availability of cultural safety training for the entire health workforce in Te Tauihu.	Health New Zealand workforce development information on training courses available and uptake by their workforce.	HNZ

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
COMMUNITY **Cultural connection**	Number of whānau accessing kaupapa Māori services available in Te Tauihu.	No target set. Aim is to increase from baseline over time.	Health New Zealand commissioners providing data on utilisation of the kaupapa Māori services they manage. *Reported quarterly.*	HNZ
	Whānau reporting strong connection to their marae/iwi/hapu.	No target set. Aim is to increase from baseline over time.	Whānau survey.	IMPB
	Whānau reporting they have attended or participated in a cultural event in their community.	No target set. Aim is to increase from baseline over time.	Whānau survey.	IMPB

Our measures and data sources

Quarterly Measures

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
COMMUNITY **Health literacy**	Proportion of Māori tamariki fully immunised at all milestone ages.	Ambulatory sensitive hospitalisations for adults (age range 45-64). Māori immunisation rates at 6, 8, 12, 18 and 24 months and at 5 years.	Health New Zealand to provide data from the AIR for Te Tauihu. tewhatuora.govt.nz/health-services-and-programmes/vaccine-information/immunisation-coverage *Reported quarterly.*	PHO and HNZ data
	Māori tamariki attending community oral health services at age 5 or in Year 8.	Māori tamariki attending community oral health services at age 5. Māori tamariki attending community oral health services in Year 8.	Health New Zealand community oral health service. *tewhatuora.govt.nz/for-health-professionals/data-and-statistics/oral-health/age-5-and-year-8-data* *Reported quarterly.*	HNZ
	CVD risk assessments completed on time for eligible Māori.	90% of the eligible population to have had their cardiovascular risk assessed in the last five years. Eligible = Māori men 35 -75 years and Māori women 45 -75 years.	Primary care PHO data. *Reported quarterly.*	PHO

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
COMMUNITY **Rongoā services**	Number of whānau accessing rongoā services.	No target set. Aim is to increase from baseline over time.	Health New Zealand and ACC commissioners required to provide a report on access data over the past quarter.	HNZ and ACC
	Whānau report it is easy to access rongoā services in Te Tauihu.	No target set. Aim is to increase from baseline over time.	Whānau survey.	IMPB

Our measures and data sources

Qualitative

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
CLINICAL **Access to high quality care and experiences**	Whānau report good experiences of care for the Primary and Secondary Care surveys.	Māori responses to the secondary, community and primary care surveys.	Health Quality and Safety Commission. *Reported quarterly.*	HQSC

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
CLINICAL **Cancer services**	Whānau experiences of cancer care journey in Te Tauihu.	We can provide additional advice and guidance around whānau Māori experiences of cancer care services to inform service improvement projects and development of solutions to improve care and experiences for Māori.	Whānau survey and cancer services experience case study/deep dive.	IMPB

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
CLINICAL **Mental health and wellbeing**	Rangatahi report that services are youth friendly, accessible and helpful.	There is robust quantitative data on rangatahi utilisation and service acceptance. Our added value is to centre rangatahi voice through direct engagement to: • define what wellbeing in Te Tauihu means and feels like to them • describe their lived experiences of local services • identify practical changes by service, setting and system that would make Te Tauihu a better place for rangatahi	Whānau survey and rangatahi engagement.	IMPB
	Rangatahi report their health and wellbeing in Te Tauihu is excellent/ good.			

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
CLINICAL **Workforce development and capability**	Māori kaimahi report they are safe and supported to practise tikanga in their role.	No target set. Aim is to increase from baseline over time.	Kaimahi/ workforce survey.	IMPB

Our measures and data sources

Qualitative

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
COMMUNITY **Cultural connection**	Whānau reporting strong connection to their marae/iwi/hapu.	No target set. Aim is to increase from baseline over time.	Whānau survey.	IMPB
	Whānau reporting they have attended or participated in a cultural event in their community.	No target set. Aim is to increase from baseline over time.	Whānau survey.	IMPB

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
COMMUNITY **Health literacy**	Whānau rating of their health literacy and involvement in care.	Set a baseline and look to improve this through concerted work over the next 5 years.	Whānau survey.	IMPB

PRIORITY AREA	MEASURE	TARGET	SOURCE	LEAD
COMMUNITY **Rongoā services**	Whānau report it is easy to access rongoā services in Te Tauihu.	No target set. Aim is to increase from baseline over time.	Whānau survey.	IMPB